



— NEWS RELEASE —

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CAROL HARRIS FIKE SERVES AS PROGRAM COACH AT BaM TRAINING

Body and Movement Training Through the Newfield Network

Winter Park, CO – Personal Leadership Coach, Carol Harris Fike recently served as a Program Coach for the Newfield Network’s Body and Movement Training program in Winter Park (June 3-7, 2013). The week long session was part of a four month training program that provides coaches with additional tools for connecting with their clients.

The week long session program focused on the following objectives:

- Building models to connect emotions with the body
- Immersion in relevant somatic learning models
- Integration and revision of learning models
- Nurturing distinctions and powerful experiences to enhance transformations
- Exploration of physical rhythms and their relationship to the world

During her time at the Body and Movement Training program in Winter Park, Carol (along with the leadership staff and other program coaches) was able to work with the program participants in building their understanding of body movement and its impact on the participant’s environment. She also helped them to understand the relationship between movement and how they experience the world

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and guided them in a deeper understanding of how to use these experiences in their coaching practices. “Often we forget the impact our body has on our emotions and how we experience different things. As coaches, this is an excellent tool in helping our clients move beyond their current state of being to a deeper understanding of the world around them. It has been a wonderful tool to use in my own practice and I am thrilled to be able to help other coaches gain a deeper understanding of this skill as well,” Carol notes.

Carol was a graduate of the 2012 BaM Training Program (the first offered by the Newfield Institute).

About Carol Harris Fike

Carol Harris-Fike is a certified coach (PCC, NCOC, ICF) serving clients across the United States since 2005. She supports individuals as they work to transform themselves in realizing dreams and goals... to live the authentic life they came to live. Harris-Fike completed ontological coaching basic and graduate courses with Newfield Network in Boulder CO.

About Newfield Network

Newfield Network, Inc. is a world class leader in the development of new, innovative learning systems and executive coach training. Founded in 1991 by Julio Olalla, the company has trained more than 50,000 people, helped corporations, government entities and business dignitaries worldwide. Newfield is headquartered in Boulder, Colorado with offices in Canada, Europe, Asia, and South America. More information at www.newfieldnetwork.com

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